

#### Friends for Life Practicum

## "Can You Help A Sister Out?" Hold a true fiend with both your hands (Nigerian Proverb)

#### The Plot

- I am expanding my range of influence as a leading lady, by reaching out to connect and communicate with those around me who, much like me, also have extraordinary dreams and passionate aspirations which are often weighted down by the ordinary, and sometimes extreme, trials of day-to-day life.
- To reach beyond my current borders, I will enrich, encourage and strengthen myself in the most effective way that has ever been revealed to mankind; by giving what I would love to receive; by doing for others what I would love to have done for me.
- I will be helping myself within the deep recesses of my inner self as I stretch to reach high and low, and far and wide, to help my sister out.
- Together, with my new-found "sisters", we will form a nucleus of resource, affirmation, assistance, and advancement for one another that will far exceed our expectations, and will soar high above and reach far beyond our circle of needs.
- As a unit of three or four, or together with another "Friends For Life" group (or multiple groups) we will gather our resources to reach out and touch another promising leader. We will encourage and under gird her progress, as we finance her tuition for the next God's Leading Ladies program.
- True leaders go first, and they always lead in such a way as to make a way for others to follow behind. So here we go, that others may be encouraged to come after.
- We are God's Leading Ladies!

#### The Stage Notes

- I am to make the connection and group together with two (or more) other women within the God's Leading Ladies program (on the scheduled day, they will have the same number as I do on their "Friends For Life" lunch assignment sheet).
- Together, we three or four, are challenged to enter into a powerful relationship of sisterhood and friendship that will be, by God's grace, "for" life.
- The term "for life" not only signifies the beginning of an enriching relationship that could bless me for a lifetime; but it also declares that this life skill exercise will be "for" the life that God has planned for me, and will positively enhance (not being against, but being for) the "life abundantly" I have embarked upon.

#### The Practicum

Carefully read and follow the instructions below.

- On the assigned day, before beginning lunch take a few moments to group yourself with those "like-numbered" women and begin to practice the invigorating lifetime exercise of "helping a sister out" and making a friend for life, as you gather to break bread together.
- 2. Take a few minutes to record all of the pertinent data regarding your new friends (using the format attached) and then use your amazing "people skills" to discover what it is that you, as a God's Leading Lady, can commit to do or to provide, that will genuinely, effectively, and measurably... "help a sister out". Be sure to include your entire group; stretching your range of influence as a leader to each member, with each kind word and deed.
- 3. Be sure to **DO** all of these things with great compassion and devotion, knowing that all is as ministry "unto The Lord"...and knowing that you will be called upon (in days to come) to tell all about the beginning of your amazing friendship story and to testify as to how you were able to make a difference in the life of a friend.
- 4. Over the weeks to come, as your group's sphere of interaction, impact, and influence begins to grow, you are required to reach out to another promising leader (who has not yet had the privilege of going through the God's Leading Ladies program) and raise the funds so that you and your group (or as combined with other groups) are able to sponsor the Fall 2019 tuition of yet another great leader.
- 5. Each group member must complete their portion of the attached "How Together, We Made It Happen" written segment of the "Friends For Life" Practicum. This written portion is to be completed as a team effort, and <u>must be turned in by your group on Session SIX</u>. Be sure to take great interest and care in its completion, as your team may be called upon to share your Friendship Story with the class at large.

## Can I Help A Sister Out?

My Name is:My Contact Information is:	
l am makiı (List them below so tha	ng friends for life with t you will always be able to reach them)
Print Your New "	Friends for Life" Team Name Here
Print one	of your sister's name here
Print her contact informa	tion here: phone numbers, email, address
Print one	of your sister's name here
Print her contact informa	tion here: phone numbers, email, address
Print one	of your sister's name here
Print her contact informa	tion here: phone numbers, email, address
Print one	of your sister's name here
Print her contact informa	tion here: phone numbers, email, address

# In learning about my new friends, I've discovered that I can really help each of my sisters out by:

Friend's Name	(with a brief description of how you are "helping a sister out"
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In the teamwork of "Friends For Life" (or as joined with other teams to form a larger group), we have been blessed to come together as we reach out toget-her; pulling up yet another promising leader by the name of:

Name of Future God's Leading Lady:
Address:
Phone Number:
Email:
We, (the below names), with godly price have raised the sum of \$350 or more (in the abundance of our giving) and have enclosed that monies in full with this testimonial of "how we have gone first so that others can follow!" We are God's Leading Ladies!!!
A Printed Listing of Friend's for Life Who Came Together To-get-her:
1
2
3
4
5
6
7
8
9
10
11
12

13.	
28.	
29.	
2.4	

### "How We Helped Each Other Out"

Note: Be sure to attach <u>all</u> of your "Friends For Life" team member's pages (pages 7-8 of <u>each individual team member</u>) to this final TEAM submittal.

We, The God's Leading Ladies of:
(Put the name of your team here) came together to make it happen for each other and for others
who we were blessed to be able to touch along the way. It is that
rich saga of a lifetime friendship that we now come together to
share with you. It all began

## "How We Helped Each Other Out"

(continued)

Note: Be sure to attach your individual pages (7-8) to this final TEAM submittal.		